

1983 Region 4AA Boys Championship at Stillwater on Wed, June 1st & Thur, June 4th

Teams: Elk River 91, Mounds View 67.5, Irondale 49, Blaine 44.5, Coon Rapids 39.5, Hill-Murray 35, White Bear Lake 34, North St. Paul 34, Anoka 31, Stillwater 27, Forest Lake 26.5, WB Mariner 20, Mahtomedi 18, Tartan 8, Spring Lake Park 2, Centennial 0, Columbia Heights 0.

100

- 1 Tim Reese, CR 11.1
- 2 Bryan Wade, Iron 11.1
- 3 Chris Forman, Mahto 11.2
- 4 Paul Alexander, Mar 11.2
- 5 Mike Kies, FL 11.2
- 6 Rick Bayless, FL 11.2

200

- 1 Ray Schreckenghaust, ER 22.7
- 2 Bryan Wade, Iron 22.7
- 3 Mike Kies, FL 22.7
- 4 Paul Alexander, Mar 22.7
- 5 Tim Reese, CR 22.7
- 6 Dave Oden, Stillw 23.1

400

- 1 Pat Carr, ER 49.6
- 2 Bryce Dailey, ER 49.9
- 3 Dave Oden, Stillw 50.1
- 4 Steve Leervig, Ano 50.2
- 5 Joe Regnier, WB 50.7
- 6 Jim Reidt, FL 51.0

800

- 1 Ed Cox, WBL 1:57.2
- 2 Mark Pietrofesa, MV 1:57.2
- 3 Dave Olson, Iron 1:59.2
- 4 Pat Johnson, Stillw 1:59.2
- 5 Steve Church, WBL 2:00.0
- 6 John Wacker, H-M 2:00.6

1600

- 1 Tom Faust, H-M 4:23.6
- 2 Bob Griffin, Tar 4:24.2
- 3 Jeff Taylor, MV 4:25.4
- 4 Rolf Schmidt, NSP 4:28.1
- 5 Luke Charpentier, H-M 4:28.5
- 6 David Waataja, Ano 4:29.1

3200

- 1 Jeff Taylor, MV 9:25.4
- 2 Tom Faust, H-M 9:29.6
- 3 Charpentier, H-M 9:43.4
- 4 Paul Stewart, MV 9:56.4
- 5 Rob Holthus, Ano 10:00.4
- 6 Tim Ritzer, Stillw 10:05.8

110 High Hurdles (39")

- 1 Scott Dillon, Ano 14.7
- 2 Craig Krupke, ER 15.0
- 3 Mark Lindstrom, Mar 15.3
- 4 Mark Anderson, ER 15.3
- 5 Bryan Pierce, Ano 15.7
- 6 Jeff Blasena, Mahto 15.7

300 Intermediate Hurdles (36")

- 1 Craig Krupke, ER 39.9
- 2 Dan Goldhammer, NSP 40.0
- 3 Mark Anderson, ER 40.5
- 4 Dallas Kaiser, CR 40.5
- 5 Mark Lundquist, MV 40.5
- 6 Rick Tokar, Blai 40.8

4x100 Relay

- 1 Forest Lake 43.2
- 2 Stillwater 44.1
- t3 Coon Rapids 44.3
- t3 Mahtomedi 44.3
- t5 Mounds View 44.6
- t5 Mariner 44.6

Sprint Medley Relay

- 1 White Bear 3:32.0 (B Kemmerer, J Smith, J Regnier, E Cox)
- 2 Blaine 3:32.1
- 3 Elk River 3:34.5
- 4 Mounds View 3:35.2
- 5 Stillwater 3:36.0
- 6 Irondale 3:37.0

4x400 Relay

- 1 Blaine 3:22.7
- 2 Elk River 3:22.9
- 3 Mounds View 3:27.1
- 4 Anoka 3:27.4
- t5 Forest Lake 3:27.5
- t5 Mariner 3:27.5

* Ties Meet Record

** New Meet Record

Shot Put

- 1 John Sitarz, Iron 54-4
- 2 Duane Goldhammer, NSP 53-5
- 3 Tom Copa, CR 53-4.5
- 4 Mark Sauer, Iron 52-11.5
- 5 Dan Jones, Mar 51-9.5
- 6 Jeff Smith, CR 51-5.5

Discus Throw

- 1 Duane Goldhammer, NSP 166-2
- 2 Tom Copa, CR 162-6
- 3 Dave Rasmussen, Iron 156-6
- 4 Tim Juneau, Blai 150-4
- 5 Larry Welborn, CR 146-7
- 6 Keith Lund, Iron 146-1

Long Jump

- 1 Ray Schreckenghaust, ER 22-0.5
- 2 Brian Trombley, Ano 21-5
- 3 Art Johnson, MV 21-2.25
- 4 Bob Nielsen, NSP 21-2
- 5 Mark Stewart, MV 21-0
- 6 Paul Alexander, Mar 20-11.25

High Jump

- 1 Greg Lawson, Blai 6-5.5
- 2 Mike Devaney, HM 6-5.5
- 3 Jeff J Smith, ER 6-5.5
- 4 Rick Bayless, FL 6-4
- t5 Chris McCartney, CR 6-4
- t5 Paul Thom, Blai 6-4

Pole Vault

- 1 Steve Seidl, WBL 13-2.25
- 2 Mark Johnson, MV 13-2.25
- t3 Swanberg, Iron 13-0
- t3 Larson, Stillw 13-0
- 5 Jorgenson, Blai 12-6
- 6 Booth, FL 12-6

Triple Jump

- 1 Mark Stewart, MV 44-0.75
- 2 Bruce Johnson, Blai 43-6.5
- 3 Jake Garber, Mahto 42-11
- 4 Craig Otto, ER 42-0.5
- 5 Chris Lennox, SpLkPk 42-0.25
- 6 Tony Iliff, ER 41-6.75

Notes: